

**PRESS RELEASE: ASCEND for Teams™ 4-20-2010**

**Kubica LaForest Consulting** recently introduced their new program for executive teams: ASCEND for Teams™.

**ASCEND for Teams™** focuses on positioning executive teams to address the changes and growth requirements in the post recession marketplace. **ASCEND** addresses strategic planning and visioning, team development and alignment and implementation planning. Kubica and LaForest learned (after 50 years of combined experience working with executives and executive teams) that having a shared strategic direction and understanding the changing demands of the marketplace, insuring a focused and alignment team and building and executing the implementation plan presents a strong competitive advantage in this changing marketplace.

For more information on how **ASCEND for Teams™** can help you and your organization, contact Tony Kubica (401) 885-2011 (email [tony@kubicalaforestconsulting.com](mailto:tony@kubicalaforestconsulting.com)) or Sara LaForest (907) 229-7948 (email [sara@kubicalaforestconsulting.com](mailto:sara@kubicalaforestconsulting.com)).

**Tony Kubica and Sara LaForest are Founding Partners of Kubica & LaForest Consulting.** They are management consultants, executive coaches and business performance improvement specialists with extensive experience in hospitals, healthcare-related organizations, budding entrepreneurs and medium size businesses and non-profit organizations. Website: [www.kubicalaforestconsulting.com](http://www.kubicalaforestconsulting.com).